

DRUG USE QUESTIONNAIRE (DAST -10)

Administration & Interpretation

Instructions

The DAST-10 is a 10-item, yes/no, self-report instrument that has been shortened from the 28-item DAST and should take less than 8 minutes to complete. The DAST-10 was designed to provide a brief instrument for clinical screening and treatment evaluation and can be used with adults and older youth. It is **strongly recommended** that the SMAST be used along with the DAST-10 unless there is a clear indication that the client uses NO ALCOHOL at all. The answer options for each item are “YES” or “NO”. The DAST-10 is a self-administered screening instrument.

Scoring and Interpretation – For the DAST-10, score 1 point for each question answered, “YES”, except for question (3) for which a “NO” answer receives 1 point and (0) for a “YES”. Add up the points and interpretations are as followed:

<u>DAST-10 Score</u>	<u>Degree of Problem Related to Drug Abuse</u>	<u>Suggested Action</u>
0	No problems reported	None at this time.
1 – 2	Low Level	Monitor, reassess at a later date.
3 – 5	Moderate Level	Further investigation is required.
6 – 8	Substantial Level	Assessment required.
9 – 10	Severe Level	Assessment required.